

# Pray the Rainbow

Pray for patience – our prayers aren't always answered quickly or perhaps in the way we are expecting.

Pray for the natural world, growth of communities and peace in nature.

Pray for the church around the world, for the leaders, for new Christians and for those who are persecuted for their faith.

Love  
Patience  
Light  
Growth  
Sickness  
Church  
Myself

Give thanks for all those who love you.  
Pray for love in your heart, your home and your community.

Ask God to help us be a shining light to others, as Jesus was.

Pray for those who are sick and those who are caring for them.

Pray for yourself, ask for help where you need it, say sorry for mistakes you have made and say thank you for life's blessings.